

Keep those wheels a-turning



Move to keep healthy, happy and in tune with the world.

A ubiquitous tune with words adapted by Dany Rosevear.

Encourage children to make their own lively adaptations.

Most movements are as suggested. Verse 1. Move bent arms forward and back like pistons. 2. Whirl in both directions. 3. Wave and smile as you move in and out of others around the room.



Keep those wheels a-turning,
Keep those wheels a-turning,
Keep those wheels a-turning,
And do a little more each day.

Keep those arms a-whirling...
And whirl a little more each day.

Keep those legs a-walking...
And walk a little more each day.

Keep those legs a-jumping...
And jump a little more each day.

Keep those legs a-dancing ...
And dance a little more each day.