

You and me and little flea

<https://riverofsong.uk/>



Been sitting too long? Get ready for change - move and stre-e-etch. A transition action game to get rid of those fleas with a satisfying great long stretch at the end before moving on to the next activity.

Words and music by Dany Rosevear.

Challenge children to sing the word 'hippopotamus' to fit with the music – not easy but great fun especially in a deep voice and doable!!

- 1. Jump up and down.**
- 2. Hop on one foot then the other.**
- 3. Stamp around.**
- 4. On the ground, sitting on feet, make a long hands forward stretch.**



You and me and little flea
Are jumping, jumping, jumping;
You and me and little flea
Are jumping up and down.

Me and you and kangaroo
Are hopping, hopping, hopping;
Me and you and kangaroo
Are hopping up and down.

All of us and hippopotamus
Are stomping, stomping, stomping;
All of us and hippopotamus
Are stomping all around.

All of us and little pussycat
Are stretching, stretching, stretching;
All of us and little pussycat
Are stretching on the ground.

