

Apple picking

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A finger play for young children.

From 'Finger plays for nursery schools' published in the 1940s.

This is an opportunity to work out how many apples each child ends up with.

Verse 1. Raise left arm above head, droop hand. 2. Right hand 'picks' an apple from each finger in turn. Repeat the verse five times. Change arms until all apples are picked. 3. Count each finger. 4. Repeat first verse.



Apples round and apples red,
Growing higher than my head.

I'm picking apples from a tree,
One for you and one for me.

I'm counting apples up to ten,
And then I'll stop and start again.