

# Hop a little, skip a little

<https://riverofsong.uk/>

*The first verse of this song is familiar through Barbara Ireson and Christopher Roe's book 'Over and over again', the last two verses are popular on the internet.*



Hop a little, skip a little,  
Dance a little, then,  
Hop a little, skip a little,  
Then begin again.



Hop a little, jump a little,  
One, two and three;  
Run a little, skip a little,  
Tap one knee;

Bend a little, stretch a little,  
Nod your little head;  
Yawn a little, sleep a little,  
In your bed.

