

Here's a leaf 🗣️

<https://riverofsong.uk/>

A very simple hand play for the beginning of Spring when the plants push their way through the soil.

1. Hold up the palm of one hand and then the other. 2. Place wrists together with leaves spreading outwards. 3. Curl hands into a fist. 4. Spread out fingers around the face to make the hand blossom.



Here's a leaf
And there's a leaf,
And that you see makes two.
Here's the bud that makes a flower,
Watch it bloom for you!