

Here's a leaf

<https://riverofsong.uk/>

A very simple hand play for the beginning of Spring when the plants push their way through the soil.

- 1. Hold up the palm of one hand and then the other.**
- 2. Place wrists together with leaves spreading outwards.**
- 3. Curl hands into a fist.**
- 4. Spread out fingers around the face to make the hand blossom.**



Here's a leaf
And there's a leaf,
And that you see makes two.
Here's the bud that makes a flower,
Watch it bloom for you!