

Knees up Mary Muffet

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This traditional playground ring game is a variation of 'Knees up Mother Brown' sung to the tune of 'My old man's a dustman'. Substitute a child's name for Mary Muffet and add 'Toes up / fingers up / arms up.'

Begin the game in a large circle side by side with a partner.

Circle to the left skipping with high knees in skating position with a partner – face the same direction, right hands joined above and left as below.

Right hand turn once. Left hand turn. Right hand turn, finish in original place. Get ready to weave.

La chaîne anglaise: Partners face each other and then move round the circle in a passing motion, one clockwise the other counter clockwise. They offer a left hand to their partner, pass by and offer their right hand to the next and so on round the circle. Finish with a new partner at the end of the verse. Skip around to the right.

Sal - ly go round the sun, Sal - ly go round the moon, Sal - ly go round the
chim - ney pots, On a Sun - day af - ter - noon. WHOOPS!

Knees up Mary Muffet,
Knees up Mary Brown,
Knees up Mary Macaroni,
Let's dance round the town.

Swing them by the right hand,
Swing them by the left,
Swing them by the right again,
Then let them have a rest.

In and out the houses,
Round and round the town,
Knees up, knees up, don't
let the fleas up,
Bless you Mother Brown.

