

The early bird

<https://riverofsong.uk/>

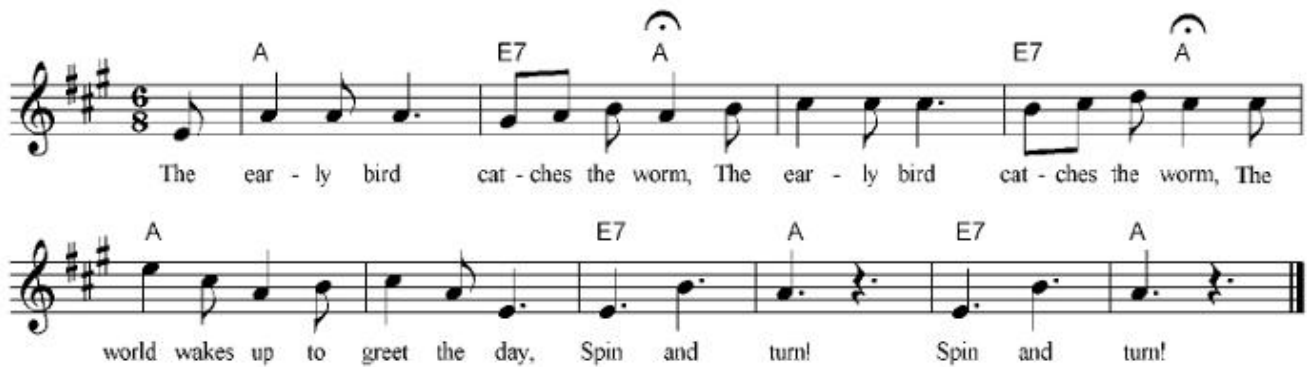
Rise early and make the most of the day. A hand play.

Words and music by Dany Rosevear.

Verse 1. Thumb and forefinger open and close, 'catch' worm finger on other hand. Repeat. Stretch arms. Spin arms.

2. Finger wiggles up arm. Repeat on other arm.

Wiggle under leaf hand. Finger to lips. Shake finger.



The early bird catches the worm,
The early bird catches the worm,
The world wakes up to greet the day,
Spin and turn! Spin and turn!

Wiggle, wiggle away little worm,
Wiggle, wiggle away little worm,
You must find a leaf, be quiet, be still,
Live and learn, live and learn.