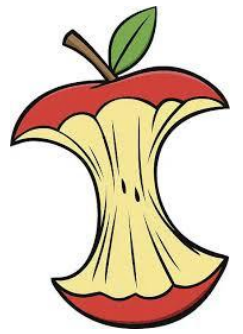


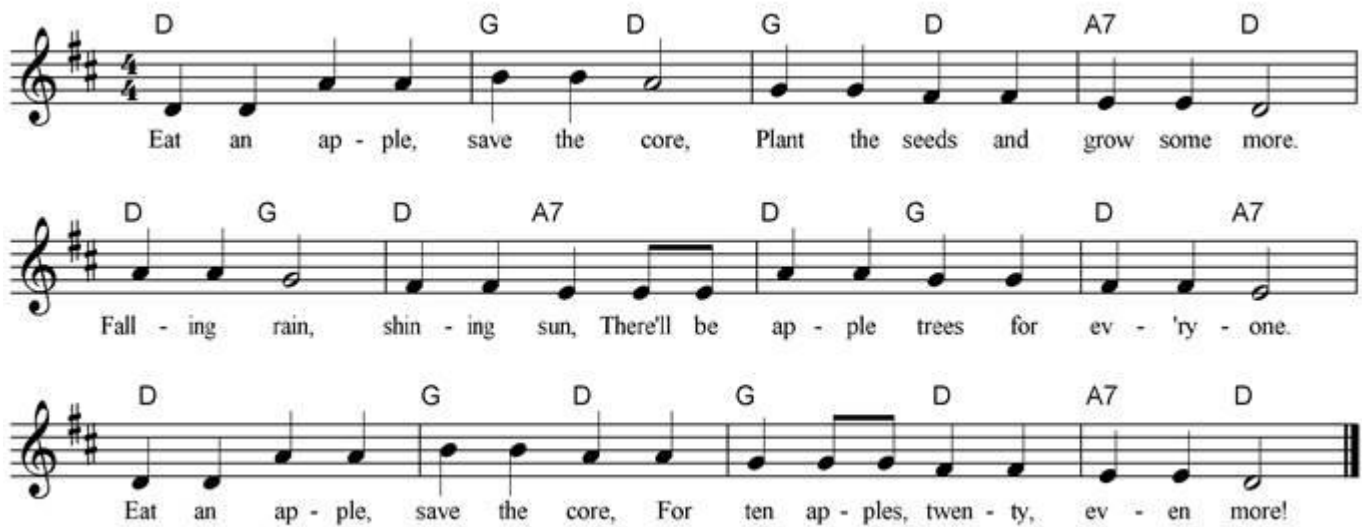
# Eat an apple, save the core



<https://riverofsong.uk/>

*A planting hand play. Count the pips, how many trees would that grow?!  
Music added by Dany Rosevear based on Twinkle twinkle little star who also added the extra lines.*

**1. Bright right hand to mouth, close right hand into a fist. 2. Plant seeds into hand. Extend arms up. 3. Wiggle fingers downward, Shape sun and wiggle fingers up. 4. Raise arms with fingers spread. 5. As before. 6. Raise ten fingers and again, throw out hands.**



Eat an apple, save the core,  
Plant the seeds, and grow some more.  
Falling rain, shining sun,  
There's apple trees for everyone.  
Eat an apple, save the core,  
For ten apples, twenty and so many more!