

Bear in a cave 🎵 📺

<https://riverofsong.uk/>

A hand play for winter.

- 1. Cup hand to make a cave, thumb inside is the bear.*
- 2. Pop thumb up.*
- 3. Fan self.*
- 4. Circle eyes with thumbs and forefingers, pretend to eat.*
- 5. Hands fall like snow, bear returns to cave.*
- 6. Flutter snow down over cave.*
- 7. Open hand to show sleeping bear and then close it.*
- 8. Hands push snow aside. Pop thumb up out of 'cave'.*



Here is a cave, in - side is a bear, Now he comes out to get some fresh
air. He stays out all sum - mer in the sun - shine and heat
When snow starts to fall — he hur - ries in - side, To his
Hunt - ing in the for - est for ber - ries to eat. When Spring comes a -
warm lit - tle cave, — and there he will hide.

gain, the snow melts a - way, And out comes the bear, — all rea - dy to play.



Here is a cave, inside is a bear,
Now he comes out to get some fresh air.
He stays out all summer in the sunshine and heat,
Hunting in the forest for berries to eat.

When snow starts to fall, he hurries inside
To his warm little cave, and there he will hide.
Snow covers the cave like a fluffy white rug,
But inside the bear sleeps, all cosy and snug.

When Spring comes again, the snow melts away,
And out comes the bear, all ready to play!

