

# Get moving penguin

<https://riverofsong.uk/>



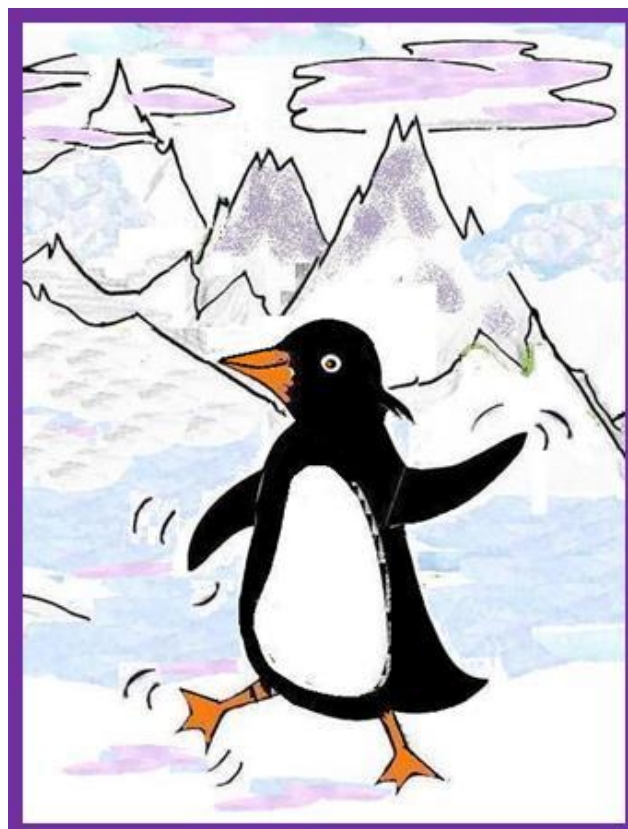
*Feeling cold? All you need to do is get active.*

*Each time the song is played add one more body part.*

*Words and music by Dany Rosevear.*

***Stand in a space. Wrap arms around self and shiver. Slap one arm on the side. Stand still and shake head. Slap one arm then add a second on the third line. Continue as before but add a new movement each time. Finish moving faster and clapping.***

There's a pen - guin at the South Pole who is oh so cold, And he  
trem - bles and he shi - vers all the day. But if he  
flapped one wing as he'd been told, He could  
chase those chills a - way! ARE YOU GET - TING WAR - MER PEN - GUIN?



There's a penguin at the South Pole who is oh so cold,  
And he trembles and he shivers all the day.  
But if he flapped one wing as he'd been told,  
He could chase those chills away!  
ARE YOU GETTING WARMER PENGUIN?  
NO? THEN KEEP MOVING!

There's a penguin at the South Pole who is oh so cold,  
And he trembles and he shivers all the day.  
But if he flapped two wings as he'd been told,  
He could chase those chills away!  
ARE YOU GETTING WARMER PENGUIN?  
NO? THEN KEEP MOVING!

There's a penguin at the South Pole...

*Add:*

stamped one foot...

stamped two feet...

moved his head...

ARE YOU GETTING WARMER PENGUIN?  
NO? THEN MOVE AND SING FASTER THIS TIME AND  
CLAP YOUR FLIPPERS!