

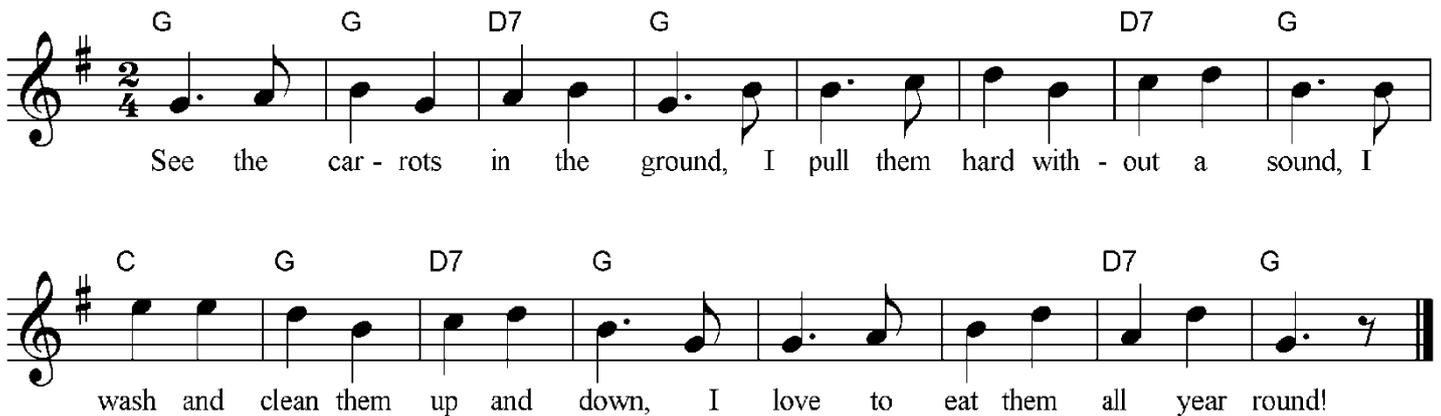
See the carrots

<https://riverofsong.uk/>

A simple hand play to support gardening and healthy eating topics.

Music by Dany Rosevear.

- 1. Make hands form a carrot and point to the ground.**
- 2. Tug to pull them out.**
- 3. Scrub up and down using the palms of your hands.**
- 4. Pretend to eat carrots.**



The image shows two staves of musical notation in G major, 2/4 time. The first staff contains the first line of the song, and the second staff contains the second line. Chords are indicated above the notes.

See the car - rots in the ground, I pull them hard with - out a sound, I
wash and clean them up and down, I love to eat them all year round!



See the carrots in the ground,
I pull them hard without a sound,
I wash and clean them up and down,
I love to eat them all year round!