

A jump, a jump, a jump

<https://rivzrofsong.uk/>

A lively 'bean' game adapted by Dany Rosevear. A good warm up activity.

Also try with BROAD BEANS! BAKED BEANS!

Wait for instructions (jumping beans) then jump vigorously, turn round and repeat. Do the same with other movements.



The image shows two staves of musical notation in G major, 4/4 time. The first staff contains the melody for the first two lines of the song, with lyrics: "A jump, a jump, a jump, A - turn - ing a - round and then, A jump, a jump, a". The second staff continues the melody with lyrics: "jump, And turn - ing a - round a - gain! RUN - NER BEANS!". Chords G and D7 are indicated above the notes.

JUMPING BEANS!

A jump, a jump, a jump,
A-turning around and then,
A-jump, a jump, a jump,
And turning around again!



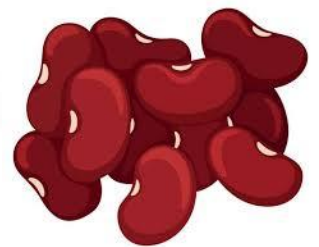
KIDNEY BEANS!

A hop, a hop, a hop,
A turning around and then,
A hop, a hop, a hop,
And turning around again!



JELLY BEANS!

A shake, a shake, a shake,
A turning around and then,
A shake, a shake, a shake,
And turning around again!



FROZEN BEANS!

Stand still, stand still, stand still,
Don't turn around but then,
Stand still, stand still, stand still,
Ready to move again! RUNNER BEANS!

