

Wake me! Shake me!

<https://riverofsong.uk/>

Adapted from an African American spiritual. Try stamping instead of clapping but more importantly note it's a dance that swings.

Watch different moves in a rather sedate teacher training video:

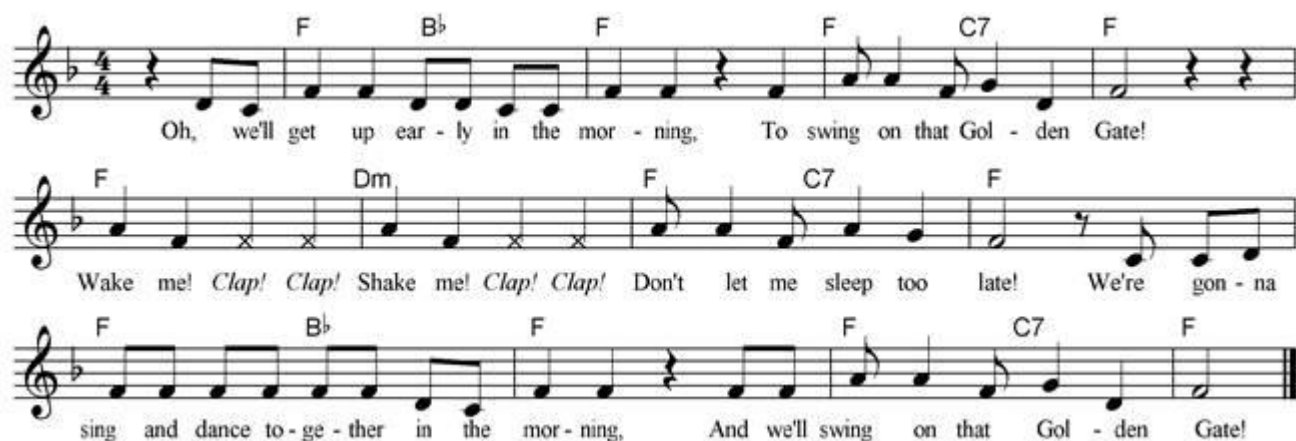
<http://www.youtube.com/watch?v=YxR7hRSizRw>

Make a square in groups of four with partners side by side.

Stretch arms above head and wave from side to side. Swing partner.

Clap partner's hands. Clap hands of child opposite. Swing that child round.

All four hold hands and skip round in a small circle. Swing partner.



Oh, we'll wake up early in the morning,
To swing on that Golden Gate!

Wake me! Clap! Clap!
Shake me! Clap! Clap!
Don't let me sleep too late!

We're gonna sing and dance together in the morning,
And we'll swing on that Golden Gate!